

HELPING HANDS SOUTH FLORIDA

Here are some of the events, businesses and organizations connected to charitable and empowering efforts across South Florida.

1&2. **United Way of Broward County:**

Three former Miami Dolphins players joined the organization's Mission United staff and volunteers for an event that supplied backpacks filled with school supplies for families of active military and military veterans in Broward County. Ex-Dolphins Terry Kirby, Lamar Thomas and Shawn Wooden helped to distribute 300 of the more than 750 backpacks that were collected. The Mission United initiative helps active military members and veterans (and their families) acclimate to civilian life.



3. **JAFCO:** The organization that provides care and support to children and their families within the Jewish community held its quarterly Mom's Wellness Retreat at the Illuminate venue in Sunrise. In addition to giving mothers an opportunity to network and connect, the day of relaxation and mindfulness included yoga, sound healing, meditations and lessons on cultivating gratitude.



4. **Pompano Beach CRA:** The McNab House & Botanical Gardens historic preservation and economic redevelopment project recently received two significant grants from the CRA. A \$500,000 Cultural Facilities Program grant will help fund construction of the botanical gardens and a children's classroom; while a \$1 million Land & Water Conservation Fund grant will go toward outdoor recreational uses at the site.



5. **Holy Cross Health:** The American Heart Association honored Holy Cross Health with its "Get With the Guidelines—Heart Failure" Gold Plus quality achievement award. The designation recognizes the hospital's commitment to improving outcomes for patients with heart failure and maintaining a high level of care for two straight calendar years or longer (per AHA standards).

